

Be a Hero Camporee!

INFORMATION AND FAQ's

S'mores, Sisters and Superheroes- Be a part of an amazing weekend. Troops of all levels are invited to come to Nelson's Grove and show off your troop's super hero skills. Juliettes are also welcome to participate if they have adult chaperone.

Who: Registered Girl Scouts of all ages! Juliette scouts with adult chaperone are also invited to participate.

What: A weekend outdoor camping event for troops. Troops will be asked to prepare an activity/skill/game to share with other troops in a festival type setting. The theme this year is "Be a Hero" so we are asking that each activity be linked to the theme in a creative and fun way.

When: Saturday-Sunday, October 6-7, 2018 -Friday night camping is possible for troops that are hosting an activity. **Troops are welcome to attend Saturday only (day trippers).**

Where: Nelson's Grove, Woodland

WHY: To provide leadership experience for girls of ALL ages. You are never too young to start developing your leadership skills. Even Daisies and Brownies can have the opportunity to help make decisions and be involved in leading a simple game or activity for other girls in a safe and supporting community of other girls!

COST: \$7.00/girl on/before Sept 10.
\$9.00/girl Sept 11 and later.

Fee includes site fee, activities, theme patch, afternoon snack and evening s'more.
Meals and camping supplies are responsibility of troop.

Extra event patches are available for \$1.50 each.

A Level II first aider will be onsite for the event and a first aid station will be at the Pavillion.

NELSON'S GROVE is located just north of Woodland, CA and is a YMCA campground/park facility. It is a fully fenced facility with potable water, flush toilets, a campfire ring, grass areas, an archery area, small stage among it's many amenities.

AFTER READING ALL THE INFO BELOW: EMAIL questions or concerns to me -

Brenda Cameron - bbcameron2609@gmail.com

Davis Service Unit Manager, Event Coordinator

Activities should be 15-20 minutes in length (and something that can be repeated for groups as they rotate)

There is a Google Doc sheet that troops can list the game/activity that they are planning or arranging for so we can minimize duplicates. [Google Fall Camporee Activity List](#)

If there are similar themed activities I'll schedule them in different sessions. The Davis SU has some supplies available for loan for certain activities. Please contact Brenda (bbcameron2609@gmail.com) with questions about available supplies before making purchases. We are hoping that most activities won't incur any significant expenses/purchases.

Format: There will be 2 - 90 minute sessions. Each session will have a unique set of 6-8 activities with each activity taking approximately 20 minutes to complete. Troops that are hosting an activity will be assigned to ONE of the sessions, and will be encouraged to 'split' their troop into 2 groups. One group will lead the first 45 minutes of a session while the other half is free to attend ongoing activities. They will then switch half way through. Troops will need to pick/choose from activities and should not expect to participate in every available activity.

Suggestions of activities and places to start:

Turn a Journey 'take action' project into an 'activity' to share with others. Make it interactive so the girls have something to do/make.

First aid - pick one or two basic first aid skills that girls could practice, make a basic first aid kit (girls could take it with them, OR turn it into a service project and donate the kits to a community group in need) etc.

Trail signs- teach what trail signs are, practice them

Compass/mapping/navigation skills

Obstacle courses

Outdoor games/scavenger hunts

Flag Ceremony

Self Defense skills

Outdoor survival skills

Lead a Song Circle

Sheltering in place-basic outdoor shelter

Geocache/Letterbox

Identifying animal tracks/birds

Plan a Bridging/Rededication/Investiture Ceremony

Emergency Family kit-

How to pack a Backpackers pack

Arrange for a speaker/demonstration by a professional that is willing to come out to Nelson's Grove. Search & Rescue, Police, Fire, Paramedics, Raptor Center

Any older girls that would like to talk/present info/table for their Silver/Gold/Rose awards are welcome to attend.

FAQ/Concerns:

We don't want to miss out on activities if we are also hosting an activity: Some leaders expressed a hesitation in wanting to plan an activity because they were concerned that their girls would miss out on being able to participate in the other activities. Your troop will only host during 1 of the sessions. The split rotation helps address missing out, but it certainly won't allow for girls to attend every single activity. Girls will need to make some choices. Splitting the girls into two groups allows for each girl to have a more active role in leading the activity which helps keep their attention focused. The hope is that there will be 6-8 activities in each session, but troops will only be able to participate in about 4-5 of them.

Are troops required to plan/host an activity in order to come to camporee? No, we realize that not every troop will be able to plan/host an activity during the day. We want as many troops as possible to come out and camp and take part in the weekend activities.

My troop is really small. It's our first time camping. Arrange for a guest speaker or demonstration by an outside group: ask about other camp kapers that you can help with.

Can an Individual Girl or Juliette attend? Yes, as long as they have a parent with them. Girls may also find another troop to attach to for the day.

I don't have enough parent help: This is a great opportunity to engage your parents in an active role that is outside of a regular meeting. It's been shown that rather than sending out a blanket request for volunteers, a more directed approach of personally asking a volunteer to do a specific tasks that fits with their skill set and time availability can frequently bring a positive response. Perhaps some of your parents have contacts that might be willing to come out and do some demonstrations!

I don't know how many girls will commit: It's hard to know the schedules of everyone, especially since it's soccer season. As a troop leader, it's your choice to allow girls to leave/return/come late to the event. You can even rotate your adults during the day as long as you always have the correct number of adult:girl ratios. Contact me if you have other specific questions. There is an early registration price of \$7.00/girl that is PAID for by September 10. For girls that are registering on/after September 11, the cost is \$9.00/girl. There is no fee for adults.

Gold/Silver/Bronze Awards: If you are earning one of these and need a place to have girls help make/assemble items to complete the awards, here's your chance!

Not sure where to start: Start by putting the event on the troop calendar and building excitement. Brainstorm with the girls activities that they could teach others and then try to pick one that's feasible. You can start by leading a discussion about what a hero is: super hero, everyday hero (fire fighters, etc), someone taking action to make something better for someone else, etc. Then help the girls identify what special skill or 'super power' that person has that allows them to do good deeds. Now translate that to an activity. Need more help? Let me know and I can connect you with some additional support to get you started.

Short on time: Activities don't have to be complicated or necessarily need lots of supplies to be done. A simple game, or sing a long are easy and fun! Keep it age appropriate for your girls!

What's a DayTripper? DayTrippers are those that only attend the Saturday activities. They are free to leave at any time during the day or stay through the end of the campfire. This is a great option for new troops, those troops that are still working on the camp progression pathway, and other troops that have scheduling conflicts.

Do we need a Camp Certified Adult? Only if you are staying overnight will you need a camp certified adult. Each troop should have their own camp certified adult, but they can pair up with another troop if that troops Camp Trained adult is willing to oversee both troops. Just let us know on the registration form, so we put your troops next to each other at the camp site.

Is this a family camp style? It's what works for each troop. Some troops are strict about the no extra adults, others want it as family camp so more girls participate. We want girls at camp, so what works for each troop to get them there is fine. All adults should be following GS rules though! I don't usually ask for adults or siblings to pay, but then they also aren't included in the snack, activity and smore's count. Siblings also need to be under adult supervision and not distracting to the camp activities. Your troop of girls also needs to have adult supervision while they are at activities, so be sure you have enough adults. If you want siblings participating in activities and snacks, please include them in your troop registration form and payment.